



# Ontario Weightlifting Association

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October 6, 2020

Attention: OWA Members

We're getting messages indicating there are pockets of non-compliance regarding masks, social distancing, and sanitization. Please consider Weightlifting, CrossFit, Powerlifting, and Bodybuilding are often grouped together in the media. Gym infractions could have an effect on strength sports across Ontario regardless of their location or field. We must work together in our facilities to remain safe and open.

See <https://www.onweightlifting.ca/covid-19> for updated resources regarding staying safe during COVID-19.

Mike Miller  
OWA President