



## CONSENT FOR USE OF PERSONAL INFORMATION AND PHOTO RELEASE

I, the participant and/or parent/guardian on behalf of the minor participant, authorize OWA to collect and use personal information about me or my child/ward for the purpose of receiving communications from the OWA, including newsletters and posting articles and images on the OWA's website.

Furthermore, I, the participant and/or parent/guardian, grant permission to the OWA to photograph and/or record my or my child/ward's image and/or voice on still or motion picture film and/or audio tape, and to use this material to promote the OWA through the media of newsletters, websites, television, film, radio, print and/or display form. I understand that the audio/visual material and copyright will remain the sole property of the OWA and I waive any claim to remuneration for use of audio/visual materials used for these purposes.

I understand that I may withdraw such consent at any time by contacting the OWA's Privacy Officer. The Privacy Officer will advise the implications of such withdrawal.

\_\_\_\_\_  
Signature of Participant (If aged 13 and over)    Signature of Parent/Guardian (If under 18)    Date

**We do not sell or distribute your personal information to any other third party not listed herein.**

## ACCEPTANCE OF TERMS AND CONDITIONS

In consideration of the acceptance of my or my child/ward's membership in the OWA, I, the participant and/or parent/guardian on behalf of a minor participant, agree as follows:

1. To abide by and fully subscribe to the Bylaws, Policies, Procedures and Rules and Regulations and all laws of the OWA, CWFHC, and IWF.
2. To pay all fees and dues as required and requested by OWA.
3. I accept sole responsibility for my or my child/ward's personal possessions and equipment.

I acknowledge that I have read this registration agreement in its entirety and that I have executed this registration agreement voluntarily.

\_\_\_\_\_  
Signature of Participant (If aged 19 and over)    Signature of Parent/Guardian (If under 19)    Date

### RETURN APPLICATION WITH FEE TO:

OWA Membership  
64 Trott Square  
Toronto, ON M1B 1V8

### MAKE CHEQUE PAYABLE TO:

Ontario Weightlifting Association



**ONTARIO WEIGHTLIFTING ASSOCIATION**  
**RELEASE OF LIABILITY, WAIVER OF CLAIMS AND INDEMNITY AGREEMENT**  
**(FOR THOSE 18 YEARS OF AGE AND OLDER)**

**WARNING! By signing this document you will waive certain legal rights. Please read carefully.**

1. This is a binding legal agreement; therefore clarify any questions or concerns before signing. As a Participant in the sport of weightlifting and/or the events, programs, competitions and activities organized, operated conducted and/or sanctioned by the Ontario Weightlifting Association (collectively the "Events"), the undersigned acknowledges and agrees to the following terms:

**Disclaimer**

2. The Ontario Weightlifting Association and its directors, officers, committee members, members, employees, volunteers, participants, agents and representatives (collectively the "Organization") are not responsible for any injury, personal injury, damage, property damage, expense, loss of income or loss of any kind suffered by a Participant during, or as a result of, the Events, caused in any manner whatsoever including, but not limited to, the negligence of the Organization.

☐ *I have read and agree to be bound by paragraphs 1 and 2.*

**Description of Risks**

3. I am participating voluntarily in the sport of weightlifting and the Events. In consideration of my participation, I hereby acknowledge that I am aware of the risks, dangers and hazards associated with or related to the sport of weightlifting and the Events. The risks, dangers and hazards include, but are not limited to, injuries from:
- a) The sport of weightlifting;
  - b) Executing strenuous and demanding physical techniques;
  - c) Vigorous physical exertion, strenuous cardiovascular workouts and rapid movements;
  - d) Exerting and stretching various muscle groups;
  - e) Lifting and/or dropping weights;
  - f) Training including weights, running, bands and circuit;
  - g) Tumbling or falling to the floor;
  - h) Failure to properly use any piece of equipment or from the mechanical failure of any piece of equipment;
  - i) Contact, colliding, falling or being struck by other participants or equipment;
  - j) Spinal cord injuries which may render the Participant permanently paralyzed; or
  - k) Travel to and from Events which are an integral part of the Organization's Events.
4. Furthermore, I am aware:
- a) That injuries sustained can be severe;
  - b) That I may experience anxiety while challenging myself during the activities, events and programs;
  - c) That my risk of injury is reduced if I follow all rules established for participation; and
  - d) That my risk of injury increases as I become fatigued.

**Release of Liability and Disclaimer**

5. In consideration of the Organization allowing me to participate, I agree:
- a) That my physical condition has been verified by a medical doctor to participant;
  - b) The sole responsibility for the Participant's safety remains with the Participant;
  - c) To remove myself if I sense or observe any unusual hazard or unsafe condition; or feel unable or unfit to safely continue;
  - d) To ASSUME all risks arising out of, associated with or related to my participation;
  - e) To WAIVE any and all claims that I may have now or in the future against the Organization;
  - f) To freely ACCEPT AND FULLY ASSUME all such risks and possibility of personal injury, death, property damage, expense and related loss, including loss of income, resulting from my participation in the activities, events and programs of the Organization; and
  - g) To FOREVER RELEASE the Organization from any and all liability for any and all claims, demands, actions, damages (including direct, indirect, special and/or consequential), losses, actions, judgments, and costs (including legal fees) (collectively, the "Claims") which I may have or may in the future, that might arise out of, result from, or relate to my participation in the sport of weightlifting, my presence at any venue, the events, activities or programs of the Organization, and/or my traveling to or from the events, activities or programs of the Organization, even though such Claims may have been caused by any manner whatsoever, including but not limited to, the negligence, gross negligence, negligent rescue, omissions, carelessness, breach of contract and/or breach of any statutory duty of care of the Organization.

☐ *I have read and agree to be bound by paragraphs 3 -5.*

**Acknowledgement**

6. I acknowledge that I have read and understand this agreement, that I have executed this agreement voluntarily, and that this agreement is to be binding upon myself, my heirs, spouse, children, parents, guardians, next of kin, executors, administrators and legal or personal representatives.

\_\_\_\_\_  
Name of Participant (Please Print)

09/2019

\_\_\_\_\_  
Signature of Participant

Direct membership questions to [info@onweightlifting.ca](mailto:info@onweightlifting.ca)

\_\_\_\_\_  
Date

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**ONTARIO WEIGHTLIFTING ASSOCIATION  
INFORMED CONSENT AND ASSUMPTION OF RISK AGREEMENT  
(FOR THOSE UNDER THE AGE OF MAJORITY (18))**

**WARNING! By signing this document you will waive certain legal rights, including the right to sue. Please read carefully.**

Participant's Name: \_\_\_\_\_ Date: \_\_\_\_\_

1. This is a binding legal agreement; therefore clarify any questions or concerns **before** signing. As a Participant with the Ontario Weightlifting Association and in the associated events, programs, competitions and activities organized, operated or conducted by the Ontario Weightlifting Association (collectively the "Events"), the undersigned, being the Participant and the Parent/Guardian of the Participant (collectively the "Parties") acknowledges and agrees to the following terms:

**Disclaimer**

2. The Ontario Weightlifting Association and its directors, officers, committee members, members, employees, volunteers, participants, agents and representatives (collectively the "Organization") are not responsible for any injury, personal injury, damage, property damage, expense, loss of income or loss of any kind suffered by a Participant during, or as a result of, participation in the sport of weightlifting and any Events, that were caused by the risks, dangers and hazards associated with the sport of weightlifting and/or the Events.

☐ *We have read and agree to be bound by paragraphs 1 and 2.*

**Description of Risks**

3. The Participant is participating voluntarily in the sport of weightlifting and/or the Events. In consideration of the Participant's participation, the Parties hereby acknowledge that they are aware of the risks, dangers and hazards and may be exposed to such risks, dangers and hazards. The risks, dangers and hazards include, but are not limited to, injuries from:
- a) The sport of weightlifting;
  - b) Executing strenuous and demanding physical techniques;
  - c) Vigorous physical exertion, strenuous cardiovascular workouts and rapid movements;
  - d) Exerting and stretching various muscle groups;
  - e) Lifting and/or dropping weights;
  - f) Training including weights, running, bands and circuit;
  - g) Tumbling or falling to the floor;
  - h) Failure to properly use any piece of equipment or from the mechanical failure of any piece of equipment;
  - i) Contact, colliding, falling or being struck by other participants or equipment;
  - j) Spinal cord injuries which may render the Participant permanently paralyzed; or
  - k) Travel to and from Events which are an integral part of the Organization's Events.
4. Furthermore, the Parties are aware:
- a) That the Participant's risk of injury is reduced if his or she follows all rules established for participation; and
  - b) That the Participant's risk of injury increases as he or she becomes fatigued.

**Release of Liability**

5. In consideration of the Organization allowing the Participant to participate, the Parties agree:
- a) To freely accept and fully assume all such risks, dangers and hazards and possibility of personal injury, death, property damage, expense and related loss, including loss of income, resulting from the sport of weightlifting and/or the Events; and
  - b) To forever release the Organization from any and all liability for any and all claims, demands, actions and costs that might arise out of the Participant's participation in the sport of weightlifting and/or the Events, or out of the physical risks associated with the sport of weightlifting.

☐ *We have read and agree to be bound by paragraphs 3 -5.*

**Acknowledgement**

6. The Parties acknowledge that they have read this agreement and understand it, that they have executed this agreement voluntarily, and that this Agreement is to be binding upon themselves, their heirs, executors, administrators and representatives.

\_\_\_\_\_  
Printed Name of Participant

\_\_\_\_\_  
Signature of Participant

\_\_\_\_\_  
Date of Birth

\_\_\_\_\_  
Printed Name of Parent or Guardian

\_\_\_\_\_  
Signature of Parent or Guardian

\_\_\_\_\_  
Date