

Ontario Weightlifting Association

Ontario Senior Championships Invitation Process

Due to the interruption of the competition year in 2020, qualifying totals for the 2020 Ontario Senior Championships will not be in effect. However, in response to gathering limits and distancing considerations, competition registration will be capped. An invitation process will determine registration at this event. Junior athletes will not be subject to this invitation process and all Junior athletes will be invited to participate. Please note that athletes hoping to qualify for 2021 Canadian Junior Championships **must** compete at the 2020 Ontario Junior Championships.

The intent is to ensure a competition for athletes who may require a total for qualification purposes (Canadian Junior Championships, Quest for Gold funding) as well as to recognize our high-performing athletes who competed through a shortened 2019/2020 season. This process also provides an opportunity for everyone to attend Ontario Senior Championships by removing the qualification totals.

Athletes must declare their interest in competing at the Senior Championships **before** being ranked for this selection process, similar to international meets. Athletes will email competition@onweightlifting.ca stating their full name, weight class, club, DOB, and which competition they are declaring interest in. Athletes must have an OWA 2020/2021 membership at the time of their declaration.

Declarations of interest must be received by November 1, 2020.

Competition details:

December 5 & December 6, 2020 - Combined Junior/Youth/Senior Championships

The competitions will be held on the same weekend to reduce travel and set up requirements for volunteers, officials, athletes and coaches.

The competition will be all age groups combined over the course of two days. The registration limit has been planned for 50 athletes per day, but is subject to any changes in government-mandated gathering restrictions, volunteer or technical official availability, or any other reason as deemed necessary by the OWA Board and competition organizer.

INVITATION PROCESS

The qualifying period will end on November 8, 2020 at the conclusion of the November Ontario Club Challenge Weekend. The OWA will then invite athletes to compete using the following criteria, in this order:

1. 2019/2020 Quest For Gold carded athletes
2. Athletes who require a total to compete internationally at the senior or junior level (to be confirmed with CWFHC)
3. Athletes who previously qualified for the **2020 Canadian Senior Championships** team at the following competitions -
2019 Ontario Senior Championships
2019 Ontario Junior Championships
2020 Canadian Junior Championships
2020 Winterlift
4. All remaining spots will be filled by ranking competition performances achieved at sanctioned competitions held between January 1, 2020 and November 8, 2020, including Club Challenge Weekends. Results from Lockdown Liftoff will not apply.
Performances will be ranked by competition total as a percent of current Weight Class Marker (found [here](#))

- i. Athletes will be ranked by total within weight class*
- ii. and then will be sorted by rank and competition total as a percent of current Weight Class Marker (found here)*

For example,

- All first-ranked athletes across weight classes invited first, based on marker.*
- Second-ranked athletes invited after all first-ranked athletes, based on marker.*
- And so on until competition cap is met.*

5. Marker rankings will be compared across gender (for example, 60 athletes in total, and not ranked 30M/30F).
6. Athlete invitations will be sent out immediately following the final qualifying events on November 8, 2020. Athletes must accept or decline their invitation by the deadline stated in the invitation (TBD). Additional invitations will then be sent to next-ranked athletes, based on

selection criteria #5, until competition cap is reached, or all athletes who declared interest have been invited.

7. A preliminary ranking list will be distributed before October 31, 2020.

Only athletes who have declared their interest in competing at the 2020 Senior Championships, by November 1, 2020 at 11:59PM will be ranked.

Additional notes:

1. Spectators will not be permitted to attend (TBC); only a parent or guardian of junior-aged athletes will be permitted to stay at the venue until the conclusion of the session.
2. A mask policy will be in effect at all times, and for all individuals, with the exception of athletes during their session. No other exceptions will be made.
3. Awards for Best Lifter will be mailed. If awards ceremonies are not possible at the conclusion of sessions, all weight class awards will also be mailed.
4. At this time, participation at Ontario Seniors is, as usual, mandatory for selection to the 2021 National team. The Board will aim to remain flexible and this requirement is subject to change.

Any further questions about this invitation process should be directed to Amanda at competition@onweightlifting.ca